



UPLANDS ELEMENTARY SCHOOL MONTHLY PARENT NEWSLETTER SEPTEMBER, 2011

E-mail Address: uplands@summer.com Web Site...Address: <http://sd67.bc.ca/schools/Uplands> Phone: 250-770-7678

Bell Schedule



Morning Bell	8:50 a.m.
Classes Begin	8:55 a.m.
Recess Div. 3-8	10:15- 10:30 a.m.
Div. 1, 2, 9, 10, 11	10:30 – 10:45 a.m.
Lunch	12:15 – 1:00 p.m.
Dismissal	2:40 p.m.

****Note the change in dismissal to 2:40 p.m.****

Calendar At A Glance

Sept. 22 nd	- Grade 3 Bus Safety - 9:15
Sept. 22 nd	- Shakewood Annie Family Dance and Pizza Supper
Sept. 28 th	- Terry Fox Run and Assembly
Oct. 3 rd	- Individual Pictures
Oct. 5 th	- Performing Arts - Infinitus @ 11:00
Oct. 10 th	- Thanksgiving, Schools Closed
Oct. 17 th - 20 th	- SMARTLearning Rounds
Oct. 21 st	- Professional Development Day Schools Closed
Oct. 26 th	- Naramata Run
Oct. 28 th	- Assembly @ 9:00
Oct. 28 th	- Family Pumpkin Carving Evening
Oct. 31 st	- Monster Mash Assembly and Parade
Nov. 10 th	- Remembrance Day Assembly
Nov. 11 th	- Remembrance Day Schools Closed
Nov. 18 th	- Grade 5 Student Leadership Conference
Nov. 25 th	- Term 1 Report Cards sent home
Dec. 9 th	- Santa's Workshop
Dec. 15 th	- Winter Concert
Dec. 16 th	- Last day of school, Winter Break begins
Jan. 3 rd	- School back in session

Principal's Message:

WELCOME BACK!! A warm Uplands **welcome** is extended to both our returning and new families to Uplands. We are looking forward to an exciting year of fun-filled activities and wonderful learning experiences. Students, staff and parents have all been working together to help get our school off to a positive start!! Teachers participated in a wide range of Professional Development activities from August 29th – September 2nd, which will continue to reflect in our students' learning! We also extend a warm Uplands welcome to our new staff members: Mrs. Irvine – gr. 4/5 teacher, Mrs. Garrett and Mrs. Guest – kindergarten teachers, and Mrs. Kerr – administrative assistant.

Uplands mission is *for the staff supported by parents and the community to work together in a safe, secure environment to offer all students opportunities to:*

- ❖ *pursue excellence in all areas of the curriculum*
- ❖ *become responsible for their own choices*
- ❖ *develop knowledge, skills and attitudes necessary to succeed both independently and cooperatively*
- ❖ *become lifelong learners*

Uplands' core values are reflected in our SOAR acronym. "Uplands Students SOAR" is up on a bulletin board and on tickets students are actively earning. The Student/Parent Handbook included in our planners contains valuable information about Uplands. Please contact us if you have any questions or concerns. Thank you for your continued cooperation and support.

STAFFING 2011/2012

Division	Teacher	Room No.	Grade
1	Mrs. Linda Kantz	21	5
2	Mrs. Chris Irvine	26	4/5
3	Mrs. Michelle Swaren	18	4
4	Mrs. Janice MacIntyre	20	3
5	Ms Judy Street	6	2/3
6	Mrs. Buzikievich	7	2
7	Mrs. Alice Hancock	8	1
8	Ms Maryann McLean	9	1
9	Mrs. Jody Scotchburn	5	K
10	Mrs. Carla Garrett	11	K
11	Mrs. Sarah Guest	10	K

Principal	Mrs. Susan Johnston
Secretary	Mrs. Kim Kerr
Library / Music	Mrs. Cyndie Salting
Special Ed.	Mrs. Kathie Bryce
Certified Education Assistant	Mrs. Debbie Gratton
Certified Education Assistant	Ms Wanda Berry
Certified Education Assistant	Mrs. Monica Schimmer
Certified Educational Assistant	Mrs. Laurie Hepso
Support Worker (Aboriginal Education)	Ms. Darlene Stone
Counsellor / Psychologist	Mr. Dave Kroschinsky
Speech/Lang	Ms Heather McMillan
Hearing Specialist	Ms Jill McCullum
Custodian	Mr. Brian Delorme
Custodian	Mr. Jim Perry
Library Clerk	Mrs. Sandy Woodford

DAYS OF INSTRUCTION 2011 - 2012

APPROVED SCHOOL DISTRICT NO. 67 (OKANAGAN SKAHA) 2011-2012 STANDARD SCHOOL CALENDAR FOR ALL SCHOOLS	
Schools Open	Tuesday, September 6, 2011
Thanksgiving Day – schools closed	Monday, October 10, 2011
Professional Development Day – schools closed	Friday, October 21, 2011
Remembrance Day observance – schools closed	Friday, November 11, 2011
Schools close for Winter Vacation	Friday, December 16, 2011 (last day of school)
Schools Reopen	Tuesday, January 3, 2012
Schools close for Spring Break and Teachers’ Professional Development Days	Friday, March 16, 2012 (last day of school)
Schools Reopen	Monday, April 2, 2012
Good Friday – schools closed	Friday, April 6, 2012
Easter Monday – schools closed	Monday, April 9, 2012
Victoria Day – schools closed	Monday, May 21, 2012
Administrative Day (students not in attendance)	Friday, June 29, 2012



To: All parents of School District No. 67 (Okanagan Skaha)

In order for students to be eligible for transportation services, they must qualify under the following guidelines:

- Grade K-3 must reside more than 4.0 km from their catchment area school
- Grade 4-12 must reside more than 4.8 km from their catchment area school

Over the past years, the School District has been able to provide some students with transportation even though they have not qualified under these guidelines. These students are classified as *Courtesy Riders*. Please be advised that from time to time the School District may be required to limit the number of courtesy riders on some bus routes.

Where bus transportation is not available for students residing more than 4.0 km away from the school, **special needs students only** may obtain a Transportation Assistance Application form from the child's school office. Please fill the form out and forward it to School District No. 67, Attention: Accounts Payable, 425 Jermyn Ave., Penticton, BC, V2A 1Z4.

All applications for transportation assistance must be received by the School Board office by June 30th of the school year in which they pertain.

Bus routes and times have changed please call Berry and Smith @ 492- 4042 for up to date information.

TIPS TO MAKE BACK TO SCHOOL SUCCESSFUL

Parents play a key role during the school year by keeping their children safe and healthy, Here are some ways to achieve this:

- ❖ Make sure your children eat breakfast every day so their minds have the fuel they need for school.
- ❖ Ensure your children’s backpacks are no more than 10 to 20 per cent of their bodyweight and that your children use both shoulder straps.
- ❖ Make sure your children know safe routes to and from school. Start a Walking School Bus or Bicycle Train program in your neighbourhood.
- ❖ Schedule regular dental and any necessary medical check ups for your children



Students are often more successful in school when they develop good study habits early on. Parents can help their children study by:

- ❖ Setting up a homework area away from the TV and with adequate supplies and lighting.
- ❖ Letting your children see you reading and setting aside time each day to read as a family.
- ❖ Keeping an assignment calendar on the fridge or bulletin board for quick reference of due dates, exams and other activities.

SAFE ARRIVAL

Please contact our office at 250-770-7678 to advise if your child is going to be away or late for school for any reason. Please feel free to leave a message on our answering machine before or after school hours. For safety reasons, please do not send your child prior to 8:30 in the morning. Outside supervision is provided at this time. All students are expected to leave the school grounds promptly by 3:00 pm unless they are accompanied by a parent or guardian.

STUDENT PLANNERS

Please use your child's planner to inform his/her teacher of important information regarding your child. If you are picking up your child early for doctor appointments or other activities or if there is a change in normal routine, we ask that you put a note in the planner☺. Thank you for your cooperation in this matter.

STUDENT PHONE

Uplands PAC supports the student phone located in the main hallway. Students may use this phone in **emergent situations only by obtaining a permission slip from their teacher**. This phone is not to be used for making play dates or alternate transportation arrangements. Students are expected to make these arrangements the night before so parents and other care givers are aware of the changes to routines. A note in the planner to your child's teacher would be helpful as well.

FAMILY DANCE

Uplands will once again be hosting a "Shakewood Annie" family dance and pizza supper from 5:30 - 7:00. This is a great opportunity to meet families in our community. We will need some help with the pizza supper. If you are available (or older siblings☺) to help hand out pizza, that would be much appreciated!! It will involve half hour shifts. Please contact Mrs. Johnston at 250-770-7678 if you can help out.

TERRY FOX RUN

This year the Terry Fox Run will begin at 11:00 on Wednesday, Sept. 28th with an assembly followed by our run. Division 1, grade 5 student leaders, will be going class to class collecting donations from September 26th – 28th (a loonie has been the suggested donation). We look forward to a meaningful experience for our students and welcome families to join us!!



SCHOOL ACTIVITY FEES

The school activity fee, including planner is \$15.00 per student. Cash or cheques payable to "Uplands Elementary School".



STUDENT PHOTO DAY

Individual student photos will be taken October 3rd. As in previous years the proofs and ordering information will be sent home 7 – 10 days after photo day. New this year... parents will have a choice of backgrounds to choose from.

SCHOOL SPIRIT DAYS...Uplands T-Shirt Friday

School Spirit Days are every **Friday** at Uplands. Wear your school clothes or black or red to show your school spirit. Samples of school clothes and order forms are located in the general office. You may view anytime between 8:00 am and 3:30 pm.

ONE TO ONE READING

If you are interested in volunteering to read with children during the day please contact Katherine Pankiw at 250-493 - 4031 or email at kfpankiw@shaw.ca. Your commitment would be one hour per week for a 6 to 8 week commitment in our school.



STUDENT ACCIDENT INSURANCE

IAP Kids Plus™ Accident Insurance

Did you know that School District No. 67 (Okanagan Skaha) does not insure expenses for student injuries that happen on school grounds or during school activities? You are responsible for these expenses as a parent or guardian.

IAP Kids Plus™ Accident Insurance offers protection against the high costs of serious injury from unexpected accidents, and is especially valuable for families who:

- do not have medical or dental plans,
- have limited plans, as it may help supplement health and dental benefits, or
- have active children who enjoy sports and outdoor activities.

For your convenience, we have made arrangements for families to voluntarily purchase student accident insurance through the IAP Kids Plus™ Accident Insurance program, underwritten by Industrial Alliance Pacific Insurance and Financial Services Inc. ("IAP").

Accidents can, and do, happen.

IAP Kids Plus™ Accident Insurance has a selection of plans to suit most budgets. Benefits include coverage for:

- The full school year (September to September), 24 hours a day, whether at school or at home;
- Expenses that are often limited or not covered by private or group insurance plans, or Provincial Health Insurance Plans - such as ambulance, physiotherapy, private tutoring, counselling, and much more;
- Injury-related dental treatment (including future dental treatment up to age 26);
- Out-of-province or country emergency medical expenses.

If you change address during the school year, your IAP Kids Plus™ Accident Insurance plan is transferable from school to school, anywhere in Canada.

Insurance premiums range from \$13.50 to \$31.95 per year, depending on the plan selected, and your child is covered all the time, not just while at school. A discounted premium is available for families with 3 or more children.

For more information or to apply online, please visit www.iapkidsplus.com, or speak with an IAP Kids Plus™ Customer Service Representative at 1-800-556-7411.

HOT LUNCH

Our PAC hot lunch program will be getting underway soon. If you are interested in helping this year please contact DorisTilley @ 250-493-3041. We are looking for more help to set up each Wednesday. Your commitment would be approximately 30 minutes every Wednesday morning.



PAC

Meetings are held monthly in the school library. At these meetings decisions are made affecting your children, and your input is important. Please watch for an upcoming newsletter with PAC “news’ and meeting times.

SOCCER AND CROSS COUNTRY RUNNING

Cross country running is underway for the whole school on Mondays, Wednesdays and Fridays at 11:45. Grade 4/5 soccer team practices will also be on Wednesdays and Fridays at noon.

BC FRUIT AND VEGGIE PROGRAM

The trucks are rolling bringing fruit and vegetable snacks to our school! Did you know that our school is participating in the BC School Fruit and Vegetable Nutritional Program?

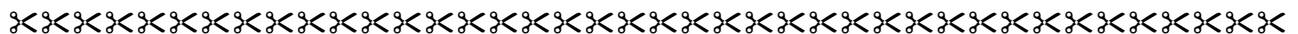
Students will receive a free snack. This snack is not meant to replace food normally consumed at recess or lunch. The goal is to increase fruit and vegetable consumption. Fruits and vegetables contain vitamins, minerals, phytochemicals, antioxidants and fibre that promote health and prevent disease. Studies show that Canadians in general are not eating enough fruits and vegetables. Eating one more fruit or vegetable a day can make a difference.

Get the school year off to a good start with healthy good tasting fresh fruits and vegetables. For back to school lunches:



- Pick freshly harvested BC fruits like apples, pears, plums, grapes and vegetables like carrot and celery sticks, cherry tomatoes, and colourful pepper slices.
- Wash fruits and vegetables before packing in lunch bags.
- Enjoy the great taste of local fruits and vegetables.

If you do not wish your child to participate in the program please fill out the attached form and return it to your classroom teacher as soon as possible.

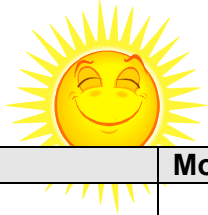


I **do not** give permission for my child _____ in grade _____ to participate in the Fruit and Veggie program.

UPLANDS' SCHOOL CALENDAR 2011 – 2012

September and October	Seasonal Sport: Soccer/Cross Country
September 6	First Day of School (8:50 A.M. – 11:45 A.M.)
September 22	Shakewood Annie Dance and Pizza Supper
September 28	Terry Fox Run and Assembly
October 3	Individual Pictures
October 5	Performing Arts: Infinitus @ 11:00
October 10	Thanksgiving – Schools Closed
October 17 – 20	SmartLearning Rounds
October 21	Professional Development Day – (schools closed)
October 26	Naramata Run
October 28	Family Pumpkin Carving evening
October 31	Monster Mash and Parade
November and December	Seasonal Sport: Volleyball/Newcomb
November 10	Remembrance Day Assembly
November 11	Remembrance Day (schools closed)
November 18	Grade 5 Student Leadership Conference
November 25	First Term Progress Reports
December 9	Santa's Workshop
December 15	Winter Concert
December 16	Winter Vacation begins (last day of school)
January and February	Seasonal Sport: Basketball and Gr. 4/5 Open Gym
January 3	Schools Reopen
January 27	Spelling Bee
February	Spellathon
February 9	Ready, Set, Learn
February 6 – 10	Random Acts of Kindness Week
February 13 – 15	SMARTLearning Rounds
March and April	Seasonal Sport: Tennis, Gymnastics
March 14	Second Term Progress Reports
March 16	Spring Break Begins – Second Term Progress Reports
April 2	Schools Reopen
April 6	Good Friday (schools closed)
April 9	Easter Monday (schools closed)
April 27	Earth Day Assembly
May and June	Seasonal Sport: Track & Field and Cross Country Running
May 18	Talent Show
May 21	Victoria Day (schools closed)
June 6	District Track and Field Meet
June 14	Uplands PAC BBQ
June 19	Volunteer Tea
June 22	Fun Day
June 27	Grade 5 Farewell Ceremony
June 28	Last day of School (students are dismissed at noon) Third Term/Final Progress Reports

*****This is a general outline of Uplands' school calendar and subject to change.
Please check our newsletters for further information and updates.** THANK-YOU*****



UPLANDS ELEMENTARY

September 2011



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
	SEASONAL SPORT IS SOCCER/CROSS COUNTRY RUNNING PLEASE HAVE PROPER FOOT GEAR AT SCHOOL.					
4	5	6	7	8	9	10
		Welcome Back!! 8:50 am to 11:45 am only	Full Day of classes begins		Cross Country Running 11:45 am	
11	12	13	14	15	16	17
	Cross Country Running 11:45 am		Cross Country Running 11:45 am Grade 4 Soccer Practice 12:30 pm		Cross Country Running 11:45 am Grade 5 Soccer Practice 12:30 pm	
18	19	20	21	22	23	24
	Cross Country Running 11:45 am		Cross Country Running 11:45 am Grade 4 Soccer Practice 12:30 pm	Gr. 3 Bus Safety 9:15 AM Shakewood Annie Family Dance & Pizza Supper 5:30 pm	Cross Country Running 11:45 am Grade 5 Soccer Practice 12:30 pm	
25	26	27	28	29	30	
	Cross Country Running 11:45 am		Terry Fox Run and Assembly Gym and Outside 11:00am		Cross Country Running 11:45 am	

SAFE ARRIVAL 250 - 770 - 7678


Students arriving after 8:50 am must check in at the office! Thank you



UPLANDS ELEMENTARY

October 2011



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
2	3 Picture Day	SEASONAL SPORT IS CROSS COUNTRY RUNNING PLEASE HAVE PROPER FOOT GEAR AT SCHOOL.			6	7 Cross Country Running 11:45 am Grade 5 Soccer Practice 12:30 pm	8
9	10 Thanksgiving No School	11	12 Cross Country Running 11:45 am Grade 4 Soccer Practice 12:30 pm	13	14 Cross Country Running 11:45 am Grade 5 Soccer Practice 12:30 pm	15	
16	17 Cross Country Running 11:45 am	18	19 Cross Country Running 11:45 am Grade 4/5 Soccer Practice 12:30 pm	20	21 Professional Development Day No School	22	
23	24 Cross Country Running 11:45 am	25	26 Naramata Run	27	28	29	
30	31 Monster Mash And Parade 1:00 pm				Family Pumpkin Carving 5:30 pm		

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Students arriving after 8:50 am must check in at the office! Thank you